

# Tao Lin

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## EDUCATION

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<b>Department of Psychology, Ohio University</b>	Athens, OH
PhD in Clinical Psychology	Expected 05/2024
<b>Teachers College, Columbia University</b>	New York, NY
Master of Arts in Clinical Psychology	05/2019
<b>Beijing Normal University</b>	Beijing, China
Bachelor of Science in Psychology	07/2017

## RESEARCH EXPERIENCE

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<b>Department of Psychology, Ohio University</b>	Athens, OH
<i>Research Assistant</i> , Psychotherapy & Interpersonal Process Lab	08/2019-Present
Advisor: Timothy Anderson, Ph.D.	

- Examine the relationship between facilitative interpersonal skills (FIS) and psychotherapy outcome and how training may improve therapist FIS
- Investigated the physiological reactions of helpers during responses to videos of therapeutic sessions
- Led research projects on the process and effectiveness of remote therapy compared to in-person therapy

<b>Teachers College, Columbia University</b>	New York, NY
<i>Research Assistant</i> , Psychotherapy, Affirmation, & Disclosure Lab.	03/2018-06/2019
Advisor: Barry Farber, Ph.D.	

- Reviewed over 400 articles on positive regards and selected qualified studies to include into the meta-analysis of the relationship between positive regard and therapeutic outcome
- Assisted with designing qualitative inventories to measure therapist dishonesty
- Applied Latent Class Analysis (LCA) to identify class membership by type of dishonesty (overall, overt, and covert) and compared between classes on demographic variables and therapy-related variables
- Performed Principal Components Analysis (PCA) to reveal 4 main factors (self-disclosure, clinical availability, therapist knowledge, and therapist presentation) of therapist dishonesty, and conducted logistic regression to examine which demographic and therapy-related variables varied significantly against the 4 factors

<b>Dean Hope Center, Teachers College, Columbia University</b>	New York, NY
<i>Principal Investigator</i>	09/2017-05/2019
Advisors: Dinelia Rosa, Ph.D., Barry Farber, Ph.D.	

- Built a research team to obtain client's psychiatric and medical information, and assess other aspects of the treatment process by implementing a series of inventories (The Treatment Outcome Package, Disclosure to Therapist Inventory-VI) to clients every three months
- Wrote the IRB proposal and modified consent form
- Established a database to sort out and record all the aspects of psychotherapy process and outcome for participants at Dean Hope Center since 2007
- Analyzed the data with latent growth mixture model and repeated measures regression in R
- Identified two trajectories of client's symptom change during the psychotherapy, and examined the impact of therapy-related factors, client characteristics and their interactions on psychotherapy outcome

<b>School of Nursing, Columbia University</b>	New York, NY
<i>Research Assistant</i>	10/2017-05/2019
Advisors: Cindy Veldhuis, Ph.D., Tonda Hughes, Ph.D., RN, FAAN,	

- Reviewed over 4000 articles published in 36 LGBTQ-specific journals published from 2000 to 2017 to synthesize the research trend of LGBTQ-related studies
- Coded each article for subpopulations studied, health foci, demographics, the type of sample, location, and research topic
- Developed a systematic review to identify the research trend of Chinese LGBTQ-related studies by coding 2946 LGBTQ-related studies conducted in China between 2011-2017
- Assisted with reviewing manuscripts for LGBTQ journals

**New York State Psychiatric Institute**

New York, NY

*Research Assistant*, Substance Use Center

04/2018-05/2019

Advisor: Sean X. Luo, M.D., Ph.D.

- Assisted with Electroretinogram (ERG) data collection, administered electrocardiogram (EKG), and measured participants' blood pressure and heart rate to monitor the side effects of the medication
- Wrote scripts in *R* to generate the graphs of ERG signals under scotopic and photopic conditions, identified the  $\alpha$ -wave and  $\beta$ -wave of the ERG signals, and examined whether the signals were related to the release of dopamine in brain and varied from smokers to non-smokers
- Examined the correlation between the ERG signals and Positron Emission Tomography (PET) signals

**School of Psychology, Beijing Normal University**

Beijing, China

*Principal Investigator*

12/2016-05/2017

Advisor: Silin Huang, Ph.D.

- Designed experimental materials of emotional faces at different intensity by morphing photographs of intense emotional faces of six basic emotions with neutral faces
- Recruited participants, analyzed data by running ANCOVA in SPSS, and wrote a thesis to present the result that middle-class individuals were more likely to misjudge emotional faces as positive (happiness), and less likely to misjudge emotional faces as negative (fear & anger)

**School of Psychology, Beijing Normal University**

Beijing, China

*Principal Investigator* of National Undergraduate Innovation Project

04/2015-06/2016

Advisor: Sha Tao, Ph.D.

- Wrote grant proposal and received Chinese National Undergraduate Innovation Grant (\$3000)
- Constructed over 100 Chinese and English aphorisms as experiment materials and conducted three serial studies to collect Chinese native speakers' responses to these aphorisms
- Analyzed data to examine the existence of *Rhyme as Reason* in English and Chinese aphorisms for Chinese native speakers and its learning mechanism in hidden covariation detection (HCD)

**School of Psychology, Beijing Normal University**

Beijing, China

*Principal Investigator*

09/2015-04/2016

Advisor: Prof. Silin Huang Ph.D.

- Designed a questionnaire to assess individuals' attitude to air pollution and physical health status
- Analyzed data in SPSS to examine the effect of air pollution on individuals' respiratory health and whether the effect was moderated by individuals' perceived susceptibility to air pollution

**PRACTICE EXPERIENCE**

**Hamilton-Madison House**

New York, NY

*Case Management Intern*

07/2018-Present

- Led Coping Skills Training, and Benefit and Financial Management groups for clients with mental health disorders including schizophrenia and obsessive-compulsive disorder
- Designed group curriculum to meet the treatment goal, individual needs and barriers of each client
- Assisted counselors with applying for insurance and benefits, cooperating with mobile crisis team, billing, patient outreaches, follow ups, and referrals
- Facilitated patients in intensive relapse prevention and symptom monitoring in weekly individual sessions
- Wrote notes to record patient's monthly progress, group attendance and performance, and contact history in *Accumed* system

## Psychological Counseling Center in Beijing Normal University

Beijing, China

### Hotline Operator

09/2016-05/2017

- Answered clients' call from all over the country and offered telephone-administered counseling services
- Addressed clients' emotional status and mental health issues, assisted clients to recognize their maladaptive thoughts, and introduced relaxation skills and coping skills to clients
- Reviewed the cases with high risk and discussed potential solutions with other hotline operators under the supervision of experienced counselors once per week

## Experimental Primary School of Beijing Normal University

Beijing, China

### Part-Time Teacher

12/2015-06/2017

- Offered classes for students from grade 1 to 6 in Experimental Primary School of Beijing Normal University, Wanquan Primary School, and Zhongguancun No.2 Elementary School
- Led after-school activities by teaching students how to solve the Rubik's Cube and designed the curriculum to meet the intelligence development of the students

## School of Psychology, Beijing Normal University

Beijing, China

### Psychological Commissioner

09/2013-05/2017

- Offered counseling services for college students and referred those with severe mental health issues to the counseling center in Beijing Normal University
- Led mental health events and group therapy (Sandplay Therapy, Mandala Art therapy) for college students

## PUBLICATIONS

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Lin, T. (2016). Interpersonal relationship on the Internet. In: Fang Wang (Ed.), *How to help adolescents cope with annoyance on the Internet: A teaching guidance for psychology classes in middle school* (pp. 12-28.). Beijing: Xinhua Publishing House.

## MANUSCRIPTS

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- Lin, T. & Farber, B.A. Trajectories of Depression in Psychotherapy: How Client Characteristics Predict Clinical Improvement. (Under Review) *Journal of Clinical Psychology*.
- Lin, T., Cheng, Y., Veldhuis, C., & Hughes, T. Research on LGBTQ health and well-being in China: 2011-2018. (Under Review) *Annals of LGBTQ Public and Population Health*.
- Lin, T. & Huang, S. (2017). *The relationship between family socioeconomic status and facial expression recognition* (Unpublished bachelor dissertation). Beijing Normal University, Beijing

## CONFERENCES

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- Lin, T., Stone, S.J., Wu, R., Benazer, H., Engel, A., Casa, M., Cyrilla, C., Harvey, S., & Anderson, T. (2020, June) *Do Helpers' physiological signals during responses differ for Difficult versus Benign Simulated Clients?* [Conference paper] The 51<sup>st</sup> Annual Conference for the International Society for Psychotherapy Research. Amherst, Massachusetts, United States. <http://www.sprconference.com/> (Conference cancelled)
- Lin, T., Hughes, T.L., & Veldhuis, C. (2020, July) *LGBTQ health and wellbeing in China: A trend analysis of English- and Chinese-language research, 2011-2018*. [Conference paper] International LGBTQ Psychology Online Conference.
- Stone, S., Anderson, T., & Angus, L., & Lin, T. (2020, June). *Therapist FIS and training status influence in-session expressive processes*. [Conference paper] The 51<sup>st</sup> Annual Conference for the International Society for Psychotherapy Research. Amherst, Massachusetts, United States. <http://www.sprconference.com/> (Conference cancelled)
- Lin, T., Stone, S.J., Wu, R., Benazer, H., Engel, A., Casa, M., Cyrilla, C., Harvey, S., & Anderson, T. (2020, June) *Do Helpers' physiological signals during responses differ for Difficult versus Benign Simulated Clients?*. Paper presented at the 51st Society for Psychotherapy Research International Annual Meeting, Amherst, Massachusetts.
- Lin, T., Lee, A., Xu, C., Martinez, D., Tsang, S., Nunes, E.V., & Luo, S.X. (2019, June) *Electroretinogram (ERG) as a Novel Biomarker for Dopamine Release: Comparing Healthy Controls and Cigarette Smokers*. Paper presented at The 81st Annual Scientific Meeting of The College on Problems of Drug Dependence (CPDD), San Antonio, Texas.

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- Nishioka, S. A., Cheng, Y., Fahmy, P., Hahm, S., Hunt, E., Kloucek, N., Lin, T., Madon, N., Nakamoto, M., Rajan, S., Huang, C.Y. (2019, May) *Teachers' Perceptions of a Social-Emotional Learning Program*. Paper presented at the 27th Annual Meeting Society for Prevention Research, San Francisco, California
- Lin, T., Cho, D., Rosa, D., & Farber, B.A. (2019, April) *Trajectories of Depression in Psychotherapy: How Client Characteristics Predict Clinical Improvement and Interact with Client Self-Disclosure*. Paper presented at The 3rd Psychology@TC conference, New York, New York.
- Lin, T., Cheng, Y., Veldhuis, C., & Hughes, T. (2018, June) *Research on LGBTQ health and well-being in China: 2011-2017*. Paper presented at International LGBTQ Psychology Pre-Conference, Montreal, Quebec.
- Veldhuis, C., Jackman, K., Lin, T., & Hughes, T. (2018, June) *LGBTQ Research in LGBTQ Journals: Has it become more inclusive and representative since the IOM report?*. Paper presented at International LGBTQ Psychology Pre-Conference, Montreal, Quebec.
- Jackson, D., Newman, M., Crumb, C., Kulsa, M.C., Lin, T., Lindenmeyer, H.J., Mandavia, A.D., & Farber, B.A. (2018, April) *A Principal Components Analysis of Topics of Therapists' Dishonesty & Predictors of High Dishonesty from a Logistic Regression Model* *Psychotherapists' Assessment of Truth, Candor, and Honesty (PATCH)*. Paper presented at The 2nd Psychology@TC conference, New York, New York.
- Jackson, D., Newman, M., Crumb, C., Kulsa, M.C., Lin, T., Lindenmeyer, H.J., Mandavia, A.D., & Farber, B.A. (2018, April) *Big Little (Therapists') Lies Psychotherapists' Assessment of Truth, Candor, and Honesty (PATCH)*. Paper presented at The 2nd Psychology@TC conference, New York, New York.

## AWARDS and GRANTS

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<b>Teachers College Provost's Grant for Conference Presentation &amp; Professional Development (\$500)</b>	06/2018
<b>Presentation Funding for International Students (\$450)</b>	06/2018
<b>Chinese National Undergraduate Innovation Research Grant (\$3,000)</b>	04/2015-06/2016
Role: Principal Investigator	
<b>Beijing Normal University Academic Scholarship</b>	2013-2017

## SKILLS and CERTIFICATES

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Research Skills	<ul style="list-style-type: none"> <li>• Proficient in SPSS, AMOS, Mplus, NVivo, E-prime, Inquisit, &amp; Qualtrics</li> <li>• Programming in R</li> <li>• Administering Electrocardiogram (EKG)</li> <li>• Conducting structured interviews and coding qualitative data</li> <li>• Collaborative Institutional Training Initiative (CITI) Program Certificate</li> </ul>
Counseling Skills	<ul style="list-style-type: none"> <li>• Adult Mental Health First Aid Certificate</li> <li>• Providing Group Therapy and Sandplay Therapy</li> <li>• Curriculum design</li> </ul>
Computer Skills	<ul style="list-style-type: none"> <li>• Adobe Photoshop, Adobe Lightroom, Prezi and Office publisher</li> <li>• Microsoft Office Specialist (MOS) Certification in Word, Excel &amp; PowerPoint</li> </ul>
Language Skills	<ul style="list-style-type: none"> <li>• Chinese (Mandarin)</li> </ul>

## PROFESSIONAL AFFILIATIONS

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American Psychological Association (APA)	2019-Present
Society for Psychotherapy Research (SPR)	2018-Present