

SUZANNAH J. STONE

Curriculum Vitae
ss105018@ohio.edu

EDUCATION

- Expected 2025 **Ph.D. in Clinical Psychology**
Ohio University, Athens, OH
Advisor: Timothy Anderson, Ph.D.
- Summer 2021 **M.S. in Clinical Psychology**
Ohio University, Athens, OH
Thesis: The Role of Facilitative Interpersonal Skills in Predicting Alliance and Outcome in Psychotherapy
Advisor: Timothy Anderson, Ph.D.
- Spring 2019 **B.A. in Psychology**
Minor in Music, Media, and Enterprise
The Ohio State University, Columbus, OH
Honors Thesis: Creating New Perspectives: An Investigation of Therapist Strategies and the Promotion of Cognitive Change
Advisor: Daniel Strunk, Ph.D.
Magna Cum Laude
with Honors in the Arts and Sciences
with Honors Research Distinction in Psychology
Phi Beta Kappa

CLINICAL EXPERIENCE

Clinical Practica

- Summer 2022 – Present **Psychology and Social Work Clinic
(Advanced Clinical Practicum)**
Ohio University
Supervisor: Julie Suhr, Ph.D.

Completing neuropsychological assessments for ADHD and specific learning disorders. Proficient in administering and interpreting Animal Fluency, AVLT, BDEFS, BFIRS, CAARS, CNT, COWA, MMPI-3, SCWT, Stanford Binet, TMT, WAIS-IV, WCST, WJ-IV, WMT, and WURS, as well as numerous self-report measures (e.g., BDI-II, BAI, PSWQ). Administering assessments to community members and university students, scoring data, composing integrated assessment reports, and delivering feedback to clients.

Meeting weekly with supervisor and other assessment trainees to discuss diagnostic impressions of clients and recent developments in assessment.

Fall 2020 – Summer 2022

**Psychology and Social Work Clinic
(Clinical Practicum)**

Ohio University

Supervisors: Timothy Anderson, Ph.D., Megan Austin, Ph.D., & K. Jean Forney, Ph.D.

Operated as a student clinician providing psychological services at an outpatient training clinic serving community members and university students. Provided weekly short-term and long-term individual therapy of multiple modalities, both in-person and via telehealth. Clients presented with a variety of psychopathologies including depression, anxiety, disordered eating, PTSD, personality disorders (especially BPD), substance use disorders, and bipolar disorders, as well as gender dysphoria, interpersonal difficulties, and life stressors. Worked in collaboration with fellow student clinicians, clinic staff members, and clinical supervisors. Completed client intakes, developed case conceptualizations, and composed integrated assessment reports. Utilized client-reported alliance and outcome data to inform treatment. Developed proficiency in administering and interpreting WASI-II and MMPI-3 assessments.

Clinical Traineeships

Fall 2022 – Spring 2023

Counseling and Consultation Service

The Ohio State University

Supervisors: Courtney Arbogast, MSSA, LISW-S, Leisha Chiles, Psy.D., Brian Fitts, Ph.D., Mark Sampson, Ph.D., Kristen Swope, Psy.D., & Amy Young, M.S.W., LISW-S

Treated a diverse population of undergraduate and graduate students at The Ohio State University, a university located in an urban setting. Students presented with a variety of concerns including anxiety, depression, disordered eating, bipolar disorders, BPD and other personality features, OCD, ASD, ADHD, and PTSD. Completed diagnostic evaluations and provided short-term individual psychotherapy to students, primarily in-person. Co-led (Fall 2022) and led (Spring 2023) Bringing Back Balance (BBB), a DBT skills training therapy group focusing on the management of academic, social, personal, family-of-origin, and relationship distress and related mental health conditions. Directed transition of BBB group to novel in-person format, increasing student involvement. Provided triage screenings to assess clinical needs as well as urgent appointments for students in crisis. Facilitated outreach events to increase utilization of services across underrepresented groups. Collaborated with staff psychologists and other mental health professionals at center and in community to coordinate client care. Used the CCAPS-34 and CCAPS-62 to inform diagnosis and monitor treatment progress.

Fall 2021 – Spring 2022

Counseling and Psychological Services

Ohio University

Supervisors: Majeda Humeidan, Ph.D. & Rinda Scoggan, M.Ed., LPCC-S, LICDC-CS

Provided clinical services to undergraduate and graduate students at Ohio University, a university located in a rural setting. Students presented with various psychopathologies including depression, anxiety, ADHD, OCD, PTSD, bipolar disorders, substance use disorders, personality disorders, disordered eating, and suicidality, as well as other concerns such as academic challenges, family and interpersonal difficulties, grief and loss, and homesickness. Conducted brief assessments of presenting symptoms and concerns and provided short-term individual psychotherapy via telehealth. Co-led Understanding Self and Others (USO), a therapy group for students with anxiety or depression who wish to improve their relationships and social skills and increase self-awareness. Participated in weekly professional development seminars. Developed proficiency in using the CCAPS-34 and CCAPS-62 to inform diagnosis and monitor treatment progress.

Additional Clinical Experiences

Summer 2022;
Present

Camp BOOST

Ohio University

Supervisor: Brian Wymbs, Ph.D.

Communicating with parents/guardians to provide information about summer treatment program for school-aged children with diagnosed/suspected ADHD and related concerns. Screening children for fit for camp program, completing measures of their personal and educational histories, as well as their current emotional, behavioral, and social functioning. Facilitating contact of children's classroom teachers to provide additional reports on children's behavior. Guiding parents/guardians of accepted children through consent process and fee payment. Will serve on Summer 2023 camp staff.

Fall 2022

Clinical Supervision

Ohio University

Supervisor: Timothy Anderson, Ph.D.

Provided individual supervision to first-year Clinical Psychology Ph.D. student in first psychotherapy experience with an undergraduate pseudoclient. Met weekly with first-year student to review video recordings of sessions and provide feedback on and recommendations for provision of services. Ensured first-year student was following all guidelines of Psychology and Social Work Clinic as well as state and national guidelines. Monitored first-year student's progress toward learning goals and reported to doctoral supervisor about any concerns.

Summer 2020;
Spring 2022

Cognitive Behavioral Therapy for Insomnia (CBT-I)
Ohio University
Supervisor: Julie Suhr, Ph.D.

Participated in group training in cognitive behavioral therapy intervention for insomnia. Met individually and in small groups with other student clinicians to practice skills. Contacted and screened clients for participation in CBT-I group at Psychology and Social Work Clinic. Co-led CBT-I group, meeting weekly to teach clients skills and completing documentation of clients' progress and any concerns that arose.

PUBLICATIONS

- Fisher, H., **Stone, S. J.**, Zilcha-Mano, S., Goldstein, P., & Anderson, T. (in review). Integrating exploration and prediction in computational psychotherapy science: Proof of concept.
- Lin, T., **Stone, S. J.**, & Anderson, T. (in review). A head start in the long race: Therapists are learning to adapt their therapeutic skills within teletherapy.
- Lin, T., **Stone, S. J.**, & Anderson, T. (2022). Treating from afar: Mental health providers' challenges and concerns during the COVID-19 pandemic. *Behavioral Medicine*, 48(4), 241-244. <https://doi.org/10.1080/08964289.2021.1908217>
- Anderson, T., **Stone, S. J.**, Angus, L., & Weibel, D. T. (2022). Double trouble: Therapists with low facilitative interpersonal skills and without training have low in-session experiential processes. *Psychotherapy Research*, 32(1), 78-90. <https://doi.org/10.1080/10503307.2021.1913293>
- Lin, T., **Stone, S. J.**, Heckman, T. G., & Anderson, T. (2021). Zoom-in to zone-out: Therapists report less therapeutic skill in telepsychology versus face-to-face therapy during the COVID-19 pandemic. *Psychotherapy*, 58(4), 449-459. <http://doi.org/10.1037/pst0000398>
- Stone, S. J.** & Strunk, D. R. (2020). Fostering cognitive change in cognitive therapy of depression: An investigation of therapeutic strategies. *Cognitive Therapy and Research*, 44(1), 21-27. <https://doi.org/10.1007/s10608-019-10055-6>

PRESENTATIONS

Papers

- Stone, S. J.**, Fisher, H., Zilcha-Mano, S., Goldstein, P., & Anderson, T. (2023, April). Utilizing predictive models to identify optimal therapy conditions [Paper presentation]. The 95th Annual Midwestern Psychological Association Conference, Chicago, IL, United States.

Lin, T., **Stone, S. J.**, & Anderson, T. (2022, June). *A head start in the long race: Therapists are learning to adapt their therapeutic skills within teletherapy* [Paper presentation]. The 53rd Annual Conference for the International Society for Psychotherapy Research, Denver, CO, United States.

Stone, S. J., Anderson, T., & Allen, R. S. (2021, June). *The role of facilitative interpersonal skills in predicting alliance and outcome in psychotherapy* [Paper presentation]. The 52nd Annual Conference for the International Society for Psychotherapy Research, Heidelberg, Germany.

Benanzer, H., Lin, T., **Stone, S. J.**, Engel, A., & Anderson, T. (2021, June). *Do helpers' emotion and responses differ for difficult versus benign simulated clients?* [Paper presentation]. The 52nd Annual Conference for the International Society for Psychotherapy Research, Heidelberg, Germany.

Stone, S. J., Lin, T., & Anderson, T. (2021, June). *Treating from afar: Mental health providers' challenges and concerns during the COVID-19 pandemic* [Paper presentation]. The 37th Annual Meeting of the Society for the Exploration of Psychotherapy Integration, Lausanne, Switzerland.

Lin, T., **Stone, S. J.**, & Anderson, T. (2021, June). *Therapists self-report superior ability to use therapeutic skills in face-to-face therapy versus telepsychology* [Paper presentation]. The 37th Annual Meeting of the Society for the Exploration of Psychotherapy Integration, Lausanne, Switzerland.

Stone, S. J., Anderson, T., Angus, L., & Lin, T. (2020, June). *Therapist FIS and training status influence in-session expressive processes* [Paper presentation]. The 51st Annual Conference for the International Society for Psychotherapy Research, Amherst, MA, United States. (Conference canceled)

Lin, T., **Stone, S. J.**, Wu, R., Benanzer, H., Engel, A., Casa, M., Cyrilla, C., Harvey, S., & Anderson, T. (2020, June). *Do helpers' physiological signals during responses differ for difficult versus benign simulated clients?* [Paper presentation]. The 51st Annual Conference for the International Society for Psychotherapy Research, Amherst, MA, United States. (Conference canceled)

Posters

Stone, S. J. (2019, March). *Creating new perspectives: An investigation of therapist strategies and the promotion of cognitive change* [Poster session]. The Spring Undergraduate Research Festival, The Ohio State University, Columbus, OH, United States.

Stone, S. J. (2019, March). *Creating new perspectives: An investigation of therapist strategies and the promotion of cognitive change* [Poster session]. The 22nd Annual Psychology Undergraduate Research Colloquium, The Ohio State University, Columbus, OH, United States.

RESEARCH EXPERIENCE

Summer 2019 – Present

Doctoral Student – Psychotherapy and Interpersonal Process (PIP) Lab
Ohio University
Advisor: Timothy Anderson, Ph.D.

Designing and executing research projects on psychotherapy process and outcome. Includes writing manuscripts, composing conference presentations, analyzing data utilizing SPSS, organizing weekly lab and small group meetings, and recruiting, scheduling, and supervising undergraduate research assistants.

Fall 2017 – Spring 2019

Honors Thesis – Depression Research Lab
The Ohio State University
Advisor: Daniel Strunk, Ph.D.

Designed and executed study evaluating therapist strategies (i.e., cognitive methods, Socratic questioning, therapeutic alliance, and behavioral methods) as potential promoters of cognitive change in cognitive therapy of depression. Selected measures of interest, assembled accompanying training manual, and recruited, interviewed, trained, and managed team of seven undergraduate research assistants as session raters. Individually recorded session rating data in Microsoft Excel and ran numerous analyses of data utilizing SAS. Prepared thesis manuscript and successfully defended honors thesis on March 27, 2019. Attended weekly lab meetings while working on project.

Spring 2017

Research Assistant – Chronic Worry and Generalized Anxiety Study
The Ohio State University
Supervisors: Michael Vasey, Ph.D. & Gim Toh, Ph.D.

Recruited, scheduled, and gave course credit to undergraduate participants in the dissertation study of Gim Toh, Ph.D. Ran these participants through multiple behavioral tasks while tracking time-sensitive heartrate data, and video recorded or acted as a confederate in one of these behavioral tasks. Cleaned, coded, and managed heartrate data. Managed questionnaire response data from Qualtrics. Provided additional aid with study implementation throughout semester.

TEACHING EXPERIENCE

Instructor of Record

Fall 2023 Research Methods in Psychology (PSY 2120)
Ohio University
Enrollment: 27

Summer 2023 Research Methods in Psychology (PSY 2120)
Ohio University
Enrollment: 23

Spring 2023 Research Methods in Psychology (PSY 2120)
Ohio University
Enrollment: 21
Course Evaluation: 4.46/5

Fall 2022 Research Methods in Psychology (PSY 2120)
Ohio University
Enrollment: 25
Course Evaluation: 4.05/5

Summer 2022 Research Methods in Psychology (PSY 2120)
Ohio University
Enrollment: 25
Course Evaluation: 4.49/5

Fall 2021 Psychology of Gender (PSY 3440)
Ohio University
Enrollment: 39
Course Evaluation: 3.99/5

Teaching Assistantships

Spring 2022 Statistics for the Behavioral Sciences (PSY 2110)
Ohio University
Instructor: Taylor Hall, M.S.

Summer 2021 Child and Adolescent Psychology (PSY 2410)
Ohio University
Instructor: Susan Tice-Alicke, Ph.D.

Spring 2021
General Psychology (PSY 1010)
Social Psychology (PSY 2510)
Ohio University
Instructor: Sandra Hoyt, Ph.D.

Spring 2021
Statistics for the Behavioral Sciences (PSY 2110)
Ohio University
Instructor: Caroline Gooch, M.S.

Fall 2020
Research Methods in Psychology (PSY 2120)
Ohio University
Instructor: Mohsin Sultan, M.S.

Fall 2020
Elementary Statistical Reasoning (PSY 1110)
Ohio University
Instructor: Craig McCarthy, Ph.D.

Summer 2020
Statistics for the Behavioral Sciences (PSY 2110)
Ohio University
Instructor: Craig McCarthy, Ph.D.

Spring 2020
Statistics for the Behavioral Sciences (PSY 2110)
Ohio University
Instructor: Craig McCarthy, Ph.D.

Spring 2020
Child and Adolescent Psychology (PSY 2410)
Abnormal Psychology (PSY 2710)
Clinical and Counseling Psychology (PSY 3710)
Ohio University
Instructor: Gary Sarver, Ph.D.

Fall 2019
Child and Adolescent Psychology (PSY 2410)
Ohio University
Instructor: Susan Tice-Alicke, Ph.D.

Summer 2019
Psychology of Gender (PSY 3440)
Ohio University
Instructor: Sandra Hoyt, Ph.D.

Undergraduate Course Assistantship

Fall 2016
Introduction to Psychology (PSYCH 1100)
The Ohio State University
Instructor: Ilana Seager van Dyk, Ph.D.
Supervisor: Melissa Beers, Ph.D.

ADMINISTRATIVE EXPERIENCE

Graduate Assistantships

Spring 2022

Department of Psychology
Ohio University
Supervisor: Jeffrey Vancouver, Ph.D.

Served as primary organizer of department's Experimental Section visitation day. Communicated with faculty members, current graduate students, and program applicants to coordinate visitation day schedules. Provided support and information to program applicants. Created certificates for department scholarship recipients. Supported Department Chair in administrative tasks.

Fall 2020

Department of Psychology
Ohio University
Supervisor: Jeffrey Vancouver, Ph.D.

Developed survey and collected responses from faculty members regarding experiences with remote teaching and research amidst the COVID-19 pandemic. Aided Department Chair in administrative tasks.

Fall 2019

Psychology and Social Work Clinic (PSWC)
Ohio University
Supervisor: Megan Austin, Ph.D.

Facilitated the day-to-day operations of the center. Greeted clients, checked clients in for appointments, accepted and processed insurance copayments, scheduled new appointments, filed documents, and copied forms at front desk. Completed medical record quality assurance. Entered data from client measures for both PSWC use as well as research use by the PIP Lab using Titanium and Excel.

GRADUATE COURSEWORK

Adult Assessment	Adult Psychotherapy
Advanced Research Methods in Psychology	Advanced Statistics for the Behavioral Sciences
Clinical Orientation	Clinical Psychopathology
Clinical Supervision	Cognitive Processes
Data Management	Developmental Psychology
Diversity Issues	Experimental Social Psychology
Facilitating Online Learning: The Basics	Fundamentals of Clinical Assessment
Fundamentals of Psychotherapy	History and Systems of Psychology
Issues in Professional Psychology	Linear Regression Analysis
Physiological Psychology	Practicum in Teaching Psychology
Seminar in Teaching Psychology	

PROFESSIONAL AFFILIATIONS AND SERVICE

Ad-Hoc Reviews

Behavioral Medicine
Journal of Rural Mental Health
Psychotherapy Research

Memberships

American Psychological Association
Graduate Student Member

Midwestern Psychological Association
Graduate Student Member

Psi Chi, The International Honor Society in Psychology
Ohio State Chapter Treasurer (2018-2019)
Ohio State Chapter Vice President (2017-2018)